

## **GET ON GET ON!**

It's important to show respect for opponents, coaches, team-mates and the referee. This means respecting them whether or not you agree with them or think they have made a mistake.

## **WHY WE NEED REFEREES WHY WE NEED REFEREES**

The referee's job is to:

- Be impartial and ensure that the game is a fair contest
- Control the players and encourage them to play fairly
- Make sure the players play in a safe manner
- Make sure an injured player gets treatment

## **HOW TO BE A TOP REFEREE HOW TO BE A TOP REFEREE**

- Be focussed and positive
- Enjoy what you do
- Work hard and concentrate
- Train well and keep yourself fit
- Eat healthily
- Drink plenty of water

## **THE RESPECT ELEVEN THE RESPECT ELEVEN**

1. Play for fun.
2. Control your temper—losing it will affect your performance and that of your team.
3. Don't keep appealing.
4. If injured don't over-react.
5. Accept the referee's decision and keep your thoughts to yourself.
6. Be sporting. If you accidentally hurt someone apologise and help them.
7. Applaud good play by both teams.
8. Encouraging words are more helpful than criticism.
9. Treat all players and officials with respect.
10. Be polite.
11. After the game thank the officials, your opponents and team-mates.

## **SERIOUS FOUL PLAY SERIOUS FOUL PLAY**

There's a mistaken belief - if you play the ball its ok.

This is not the case. Referees must consider:

- Lack of control
- Speed of the challenge
- Ability to play the ball
- Force of the challenge
- Danger to the opponent

## **GET GET**

## **ON ON**

## **WITH THE GAME**

## **WITH THE REF**

## **WITH EACH OTHER!**