

## **Tauranga Boys' College Football Club 2010 Coach Education Program**

- Venue:** Tauranga Boys' College Football Ground  
'Southey Field' (between Fraser St & Devonport Road)
- Dates:** First Friday of the month beginning Friday 5<sup>th</sup> March and continuing on the 9<sup>th</sup> April (2<sup>nd</sup> Friday in April), 7<sup>th</sup> May, 5<sup>th</sup> June, 2<sup>nd</sup> July & 6<sup>th</sup> August.
- Time:** Meet at 3:45pm, coaching sessions will begin at 4:00pm and last an hour. A 'social hour' will follow at the Tauranga Citizens' Club (13<sup>th</sup> Avenue). This will be an opportunity for further discussion and networking to take place.
- Participating Coaches:** Allan Jones  
John Adshead  
Eddie Edge

### **Session Overviews:**

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|------------------------------|-----------------------------------------------------------------------|---------------------|
| 1. (5 <sup>th</sup> March).  | <b>Warm Ups</b> – football specific, technical practice.              | <b>Eddie Edge</b>   |
| 2. (9 <sup>th</sup> April).  | <b>Ball Manipulation</b>                                              | <b>Eddie Edge</b>   |
| 3. (7 <sup>th</sup> May).    | <b>Defence</b> – 1 v 1, 2 v 2, 3 v 3, technical info. and principles. | <b>Allan Jones</b>  |
| 4. (4 <sup>th</sup> June).   | <b>Team Defending</b> – 11 v 11.                                      | <b>Allan Jones</b>  |
| 5. (2 <sup>nd</sup> July).   | <b>Attack</b> – 1 v 1, 2 v 2, 3 v 3.                                  | <b>John Adshead</b> |
| 6. (6 <sup>th</sup> August). | <b>Team Attacking</b> – 11 v 11, counter-attack.                      | <b>John Adshead</b> |

### **General Information:**

Sessions will be conducted with Tauranga Boys' College players and will involve between 12 and 22 junior or senior players depending on the session topic.

### **Cost:**

\$5 per session (to pay for presenter's 'drinks' and 'meal')